



All Saints' Catholic High School

Newsletter

Issue 15 – October 2013

Dear Parents & Carers,

As we come to our first holiday of the academic year, it is a fitting time to congratulate our students on embracing all the changes and continuing to build an outstanding community. Our foundations are solid due to your support and this was indicative in the recent "Trinity Mirror" measures that graded the behaviour as 5, the only comprehensive school in the Valley to achieve this top score.

Our students are keen to further shape All Saints' and have started by requesting a consultation on uniform, which has been agreed by the Governors. Ofsted are currently in school and we look forward to celebrating our journey to outstanding. As parents and guardians we are keen to hear your views and we welcome them at all appropriate forums. The parent view website (<http://parentview.ofsted.gov.uk>) is one way that all parents can undertake an online survey and we recommend that you complete this.

During this month of the Rosary, our students have borne witness to our beliefs as they have been prayerful and have fully supported our planning for the "Valley Mass". This celebration at the end of the Year of Faith with our seven feeder primary schools will take place this Thursday (24/10/13) and you are all welcome.

Finally to our Year 6 parents who are contemplating where to send their sons and daughters next year; choose All Saints'. We are the only faith school in the Valley. We are the only feeder school to two nationally recognised Sixth Form Colleges, St Mary's, Blackburn and Holy Cross College, Bury. We are more than a school and truly develop the whole person to be successful.

Enjoy your half term as we continue to "Luceat Lux Vestra".

Mr McNally
Headteacher

Year 11 Retreat



GECKO! Not something you'd usually hear being shouted on a retreat but that was all part of the fun and friendship shared during the Yr 11's Salesian retreat to Savio house in Bollington earlier in the month. The pupils spent 3 days exploring the theme of 'Journeys' through games, crafts and prayer at the centre. *"It wasn't what I thought it would be, there were lots of quiet times when we could reflect or pray but there were also lots of loud times too. It was so much fun!"* said Danny Taylor. Tamara Jonak said, *"We made some amazing memories that we can take away with us after we leave All Saints"*. Ciara Barnes said, *"My favourite bit was writing a letter to myself which I will get at the Leavers Mass at the end of the year, wishing myself luck for the exams."*

We are currently planning a Yr 8 retreat to Ilkley and Yr 10 retreat to Castlerigg Manor for the summer term. Places are limited so if you're interested, get your name down as places will go fast.





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Rossendale Pupil Chaplains Unite!

The first Valley Chaplaincy event was hosted at All Saints' earlier this month as all the pupil chaplaincy teams from partner primary schools met to discuss their development plans and share good practise. It was great for the pupils to meet the chaplains from neighbouring schools and inspire one another to do great things in their own communities. Thanks to Lorraine Leonard and Mapi Cerdena from the Diocesan Department for Formation who led the afternoon and continue to support the Chaplaincy work in the Valley.

Miss H Beckford
School Chaplin

Homework Club

Homework club will be running daily after school from 2:45 - 3:30pm in the F1 computer room. This is a chance for any pupil to remain behind and complete outstanding homework with a member of staff present to assist. Computer and printing facilities are available.

Mr Barrett
CL - SEN

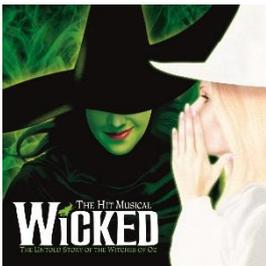
Word of the Week

WOW is used within form time by all staff to encourage pupils to develop and broaden their vocabulary. Each week a word is explored by looking at the word class, its meaning, its etymology and its translation into a variety of different languages.

Teachers also use speaking, listening and literacy activities based around the word. Staff and pupils are then encouraged to try and use the word in lessons etc that week. The word of the week this week is CELEBRATE!!!

Mrs Lord
CL - English

Wicked!



On Wednesday 2nd October, Mr Heald took 50 pupils to watch the Emerald sparkling national tour of "Wicked" the musical which has been inspired by 'The Wonderful Wizard of Oz'. With a mixture of pupils ranging from Yr7 – Yr11 great entertainment was enjoyed by all.

The Musical was spell binding and the costumes, staging and performance took the pupils' breath away. The evening couldn't have been more magical. The pupils

were a pleasure to be with and held up the school's reputation as always.

With help from Ms Carsley, Mrs Keen, Miss Weir and Miss Foster the evening went smoothly and the pupils are already sharing their ideas about which show to watch next. They left the theatre feeling motivated and uplifted and with the knowledge that if you stick to your goals anything is possible - you can "Defy Gravity".

Mr Heald
Performing Arts Teacher



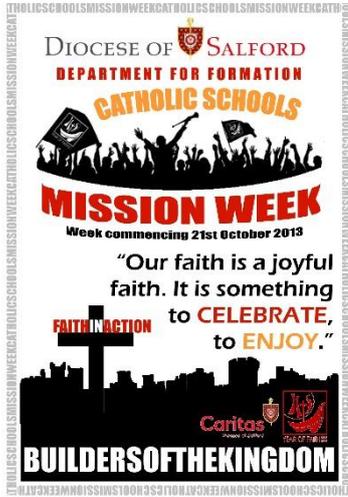
Mathletics Club

Pupils of all ages and abilities are being welcomed to the after-school Mathletics club, which takes place in Room 2, on Monday, Tuesday and Thursday each week. Pupils are encouraged to turn up between the hours of 2.50pm and 4pm, they can stay as long as they like, bring food, drinks and sweets and receive intensive Mathematics support from a specialist maths teacher. The club is proving to be very popular and I would like to ask that you encourage your child to come along and see what Mathletics is all about.

Mr Gunel
Mathematics Teacher



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All Saints' pupils strike a pose at the recent Open Evening after impressing prospective parents with their dancing skills.



PE Department – Extra Curricular Timetable

Mr Parkes, Mr McCoy and myself would like to encourage pupils to participate in one or more of our after-school clubs. The benefits of regular exercise on pupil happiness and well-being are clear. According to the National Academy of Sports Medicine, exercise helps happiness and consequently attainment in several ways. *“Regular exercise releases endorphins and catecholamines, which are the “feel good” chemicals released by the brain. Regular exercise also increases production of dopamine; a neurotransmitter that improves mood and decreases feelings of depression. Exercise also helps happiness by increasing self esteem and feelings of accomplishment. Successfully reaching your fitness goals will give you a strong sense of accomplishment and self worth, which combined with all the chemicals released from regular exercise will help you to achieve a higher sense of happiness.”* Please refer to the table below and encourage your child to reap the rewards that exercise can bring by joining us for one or more of our sports clubs.

Miss Laverty
CL – PE

All Saints' PE Department – Extra Curricular Timetable				
After school activities take place 2.40-3.45pm				
Boys			Girls	
Day	Lunch Time	After School	Lunch Time	After School
Monday	Yr10 Indoor Football (Sports Hall)		Dodgeball (Gym)	
Tuesday	Yr7-9 Basketball (Gym)	Yr7 & 8 Football Training & Fixtures	Yr7-9 Football (Sports Hall)	Yr7-9 Football Training & Fixtures Yr7-9 Street Dance
Wednesday	Yr7-11 Table Tennis (Gym)		Hockey (Gym)	
Thursday	Yr8-9 Football (Tennis Courts)	Yr9-11 Football Training & Fixtures	Cricket (Sports Hall)	Fixtures & Trampolining
Friday		Yr7-11 Trampolining	Yr7-9 Netball (Sports Hall)	

Visit our website: www.allsaintshigh.lancs.sch.uk